Jeff Astfalck
astfalck@gmail.com
0417 187 992

Phone +61 8 9417 1188
www.sportschaplaincy.com.au

Sports Chaplaincy Australia

Emergency Numbers

Police Fire Ambulance	000
Local Police	131 444
Crime Stoppers	1800 333 000
MHERL (Mental Health Emergency)	1300 555 788
Poisons	13 11 26
DCP	9222 2555
Life Line	131 114
Kids Help Line – ages 5-18 yrs	1800 551 800
www.kidshelp.com.au	

Alcohol & Drug

Information – AIDS *(24 hr Service)*	9442 5000
Holyoake – 65 Newcastle St, Perth	9328 9733
www.holyoake.org.au	
Next Step – 32 Moore St, Perth	9219 1919
Treatment Centre (Cyrenian House)	9328 9200
Christine Taylor, Jane or Caroline, Council on Addictions	
318 Fitzgerald St, Perth	
Residential	9302 2222
Anglicare Crisis Accommodation	9497 1351
Bridge House - rehab	9227 8086
11-15 Wright St, Highgate	
www.salvationarmy.org	
Fresh Start – naltrexone program with rehab	9381 1333
65 Townshend Road, Subiaco 6008	
Palmerston Association	9328 7355
counseling, family support, education & training, outreach	
Residential Rehab (farm)	
132 Palmerston St, Perth	
Sherwood House	9581 1739
Mandurah	
Teen Challenge	9309 5255
Drugs & Troubled Youth Unit	
23/56 Creaney Ave, Kingsley	
Parent Drugs Info Service	9442 5050

Counseling/Mental Health

Riverview	9416 0100
Shelley Gray, Janet Klyen, Noreen Lange & Debbie Slack	
Baptist Care/Pathways	1300 660 640
21 Rowe St, Rivervale	
Mandurah	9282 8650
David Michie JourneyLines Counselling	9221 1311
Email: dcmichie@bigpond.com	
Christine Cohen	0417 909 546
Tim Brand – Psychological Health Care	9296 9760
4/60 Coolamon Blvd, Ellenbrook	
Fremantle Headspace – Youth Help	0401 491 165
www.headspace.org.au	
Relationships Australia	1300 364 277
Course based counseling	
Sexual (Clinic Phsyc) – John Manner	
247 Canning Hwy, Como	9474 1711
Sexual (Grace Counseling) – Sandy Clifton	
Guildford Rd, Maylands	9371 9881
Men's Same Sex Counseling – Andrew Beel	
Counseling & Support Group	0403 470 601
Emergency Response Line	1300 555 788
Centre for Clinical Interventions (CCI)	9328 5911
(Self Harm, psychosis, depression)	
223 James St, Northbridge	
www.cci.health.wa.gov.au	
Beyond Blue Info Line *(Depression)*	1300 224 636
www.beyondblue.org.au	
Life Works at 316 Clinical Psychologist	9382 3645
(Colleen Van-Wyk)	
Suite 4, 316 Onslow Rd, Shenton Park	

Eating Disorders/Life Controlling Issues

The Bronte Foundation	1300 726 881
PO Box 2468 Oakleigh, VIC	
Email: info@thebrontefoundation.com.au	
www.thebrontefoundation.com.au	
The Esther Foundation	9368 6828
PO Box 87 South Perth 6951 WA	

Medical

St Luke's Medical - Lachlan Dunjey	9276 8900
GP (Christian) Depression Specialist	
26 McGilvray Ave, Morley	
Atwell Medical Centre	9498 7575
Say Gark Ong	
129 Lydon Blvd, Atwell 6164	

Sexual Issues

Same Sex Orientation – Andrew Beel	0403 470 601
Counseling & Christian Gay Support Group	
Sexual Addiction & Sexual Incest	9227 8745
Incest Survivors Assoc' – Whitehouse	
21 Lacey St, East Perth – Sandra Basham	0409 293 214
Sexual Assault Resource Centre	9340 182

Food – Low Cost Centres

(Require Healthcare card or proof of low income when you visit)

Armadale Food Centre 9479 4670
11/49 William St, Armadale

Beechboro Bill Schocker Centre 9378 9254
499 Beechboro Road

Bibra Lake Grannary House 9418 7155
Lot 50, Cnr Phoenix & Sudlow Rd's

Belmont Community Centre 9227 3756
26 Fischer St, Belmont

Carlisle Food centre 9227 3756
43-45 Star St, Carlisle

Foot Hills Food Centre 9227 3756
Hale Rd, Forrestfield

Fremantle Food Centre 9433 3901
Cnr Wray Ave & Hampton Rd, Fremantle

Kwinana Manna House 9419 5905
142 Gilmore Ave, Medina

Langford Food Barn 9350 9324
Shop 13, Langford Shopping Centre
65 Langford Ave, Langford

Mankara Food Centre 9450 6233
Cnr Manning & Bickley Rd's, Manning

Rockingham Food Centre 95954060
4/29 Hurrell Way, Rockingham

South Perth Church of Christ 9313 1600
Cnr Murray St & McNab Loop, South Perth

Gambling

Breakeven – Victoria Park 9325 5133
Problem Gambling Helpline 1800 622 112

Legal & Advocacy

Sussex St Law Service 9470 2676
29 Sussex St, Victoria Park

Legal Aid – *(8.30am – 4.30pm)* 1300 650 579
www.legalaid.wa.gov.au

Tenants Advice Centre 9221 0088
www.taswa.org

Emergency Relief

Riverview Community Services (signposts) 9146 0100
Anglicare 9325 7033

Financial Counseling

Financial Counselors Resource Project 9221 9411
33 Moore St, East Perth

Wesley Mission 9321 9711
(Payment of some bills if criteria met)

Uniting Care West Credit Care 9325 2400
Level 2, 254 Hay St, Perth

Multicultural Assistance

Belmont BEC 9479 3777
PO Box 370, Cloverdale

Multicultural Service Centre 9328 2699
20 View St, North Perth
www.multicultural.online.wa.gov.au/mscwa

Multicultural Women's Advocacy & Support Service 9328 1200
Outreach support for CaLD, Non-English Speaking. Background, and Migrant women who are victims / survivors of domestic and family violence.

Men's Help

MensLine Australia 1300 789 978
Crisis Counseling 131 114
Supporting dads and kids after separation or bereavement 9261 4444

Domestic Violence Helpline 1800 656 463
9223 1199

Domestic Violence Crisis Unit 1800 199 008
9328 1111

Parent Support

CLAN Community Link & Network
Head Office: 355 Pier St, East Perth 9228 9006
Armadale: 9493 7200
Manduarh: 9581 5595
Mirrabooka: 9440 3595
Vic Park: 9472 9144
Family Helpline 9221 2000
Health Direct *(24 hr advice)* 1800 022 222

Refuge Hostels

Women's Refuge Group 9420 7264
Escaping Family Violence

Women's Council Crisis Care Unit
Helpline 1800 199 008
24 hr crisis support (violence, child protection, suicide)

Women's Council Domestic Violence
Helpline 1800 007 339
24 hr telephone support, referral to the Refuge on Roster for supported accommodation
www.womenscouncil.com.au

Family Lawyer (Christian)

Cameron Trees – Clairs Keeley 9325 9099
Richard Klimek 9221 5775

Family Support

CLAN Community Link & Network
Head Office: 355 Pier St, East Perth 9228 9006
NGALA – Helpline 9368 9368
Family Courses *(8.00am to 8.00pm)*
Women's & Seniors' Info Services 6217 8855
Women's Council of WA 9420 7264
Men's Advisory Network (MAN) 9218 8044
Kids' Helpline 1800 551 800
Family Helpline 9223 1100
Parenting Helpline 9272 1466
Women's Domestic Violence Line 9223 1188
Men's Domestic Violence Line 9223 1199